

Are You Stuck Indoors with an Energetic Dog?

What's worse than being stuck indoors during winter?

It's being stuck indoors during winter with a dog that's filled with pent up energy.

Due to the cold weather, your dog's outdoor activities are limited. But it needs a release. Otherwise, all that pent up energy might surface in ugly ways.

A dog with pent up energy is a ticking time bomb.

It's a pin-drop away from causing havoc in your home.

To keep your furry friend happy and healthy, we've come up with fun activities you can do indoors with your dog.

1 - Teach Your Dog New Tricks:



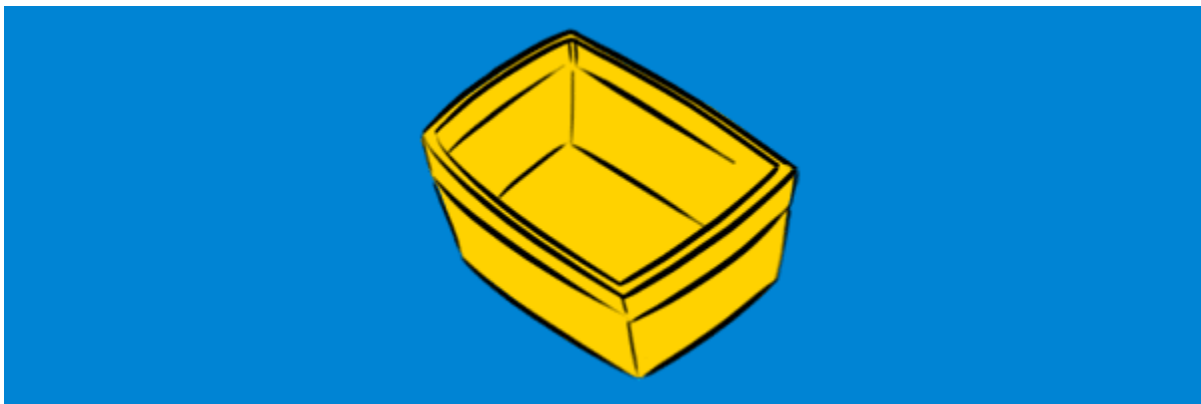
To help sharpen your dog's mind and burn off excess pent-up energy, you can train your dog new tricks. You can also take your time to do a refresher on basic commands. Training can make your bond with your dog grow stronger.

2 - Play "Find the Toy/Treat":



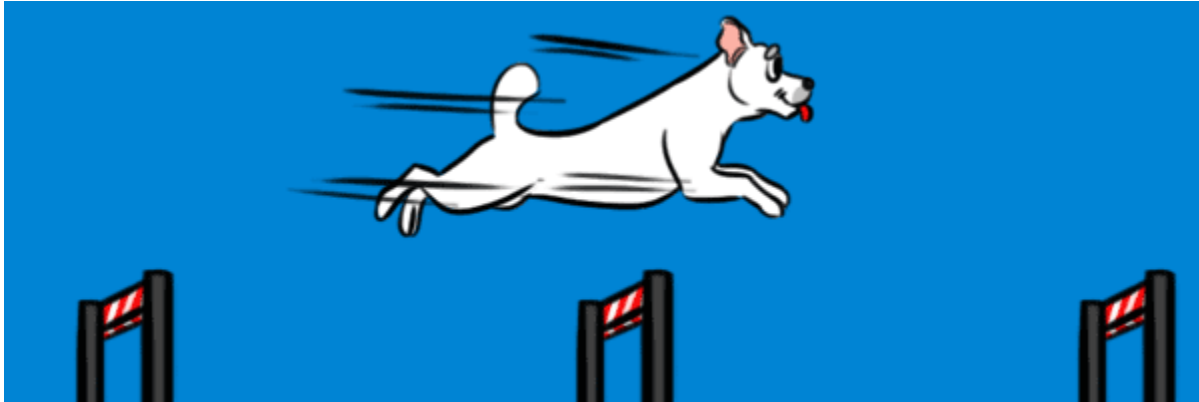
This is a fun game to play with your dog, and it also helps them sharpen their sense of smell. Put your dog in another room while you quietly hide a treat somewhere else. Once you've hidden it, let your dog out and find it. If your dog is new to this game, then start easy. Put it in predictable places, and once it gets the hang of it, you can level up the challenge. Find the Toy/Treat can be a great alternative to fetch without leaving your house a mess.

3 - Make Your Dog Clean Up Its Toys:



Doing your chores is a great way to stay productive together while staying indoors. But if you don't have a helping hand, you can always use a helping paw! Train your dog to clean up its toys. To do this, you'll need some of its favorite toys, a box or basket for storage, and some treats. Tell your dog to grab its favorite toy. As it approaches the box, entice it to drop the toy to the box and snatch the treat. Say "clean up" or "tidy up" whenever it drops the toy. Do this daily while using the commands for a tidier and more responsible doggie

4 - Obstacle Course:



Your dog is loyal to its overlord and will go through anything for him, including fluffy pillows, couches, beds, and sofas. Also, it's fun, so why not. Make an obstacle course made of sofas, pillow cushions, hula hoops for your dog to go under, jump on, slide through. Sing praises for its bravery and give it treats as a reward. You can even place the treats along the obstacle. Make sure that the obstacle you make is suitable for your dog if it has any physical limitations